

Environmental iDots to do at school

Day 2

Use your leftover drinking water to water plants at the end of the day



Day 1

Turn off lights when you're not in a room to save energy



Day 3

Enjoy a meat-free lunch and snack to reduce your impact on the environment



Day 5

Walk or cycle to school to reduce harmful emissions in the air

Useful links and further information



Learning to turn off lights when leaving a room is a great first step in embedding environmentally friendly behaviours:

sciencing.com/turning-off-lights-save-energy-2384.html



Having plants in classrooms and learning spaces has been shown to provide measurable benefits to pupils' development and well-being:

aplantineveryclassroom.org/research/



80 billion animals are killed every year for meat. Livestock production uses over 75% of all global farmland yet provides less than 40% of our nutrition:

ourworldindata.org/environmental-impacts-of-food



2 million pieces of litter are dropped in the UK every day – if we all pick up just one piece a day, every day we could remove over 68 million pieces of litter.

keepbritaintidy.org/faqs/advice/litter-and-law



Transport accounts for 27% of the UK's greenhouse gas emissions:

assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/984685/transport-and-environment-statistics-2021.pdf



For more ideas on how to help the environment in your own home, head to our website: wildlifeaid.org.uk/helping-wildlife